

# 10 days of PRAYER

**2015**  
JAN 7-17



**New Life**  
FELLOWSHIP

*"If my people, who are called by my name, will humble themselves and pray"*

## **Introduction**

### **Our Prayer Theme: Experiencing the Fruit of the Spirit**

During the Ten Days of Prayer we will be praying for the fruit of the Spirit found in Galatians 5:22-25. Christ “longs to see His children reveal a character after His similitude” (*Desire of Ages*, p. 313), a character that reveals the presence of the Holy Spirit shown through the fruit of the Spirit in our lives. The only way we can be transformed in His image and reveal the fruit of His Spirit is by taking time to behold Him. “The true seeker, who is striving to be like Jesus in word, life, and character, *will contemplate his Redeemer and, by beholding, become changed into His image*, because he longs and prays for the same disposition and mind that was in Christ Jesus” (*Testimonies to Ministers and Gospel Workers*, p. 121).

Christ longs to work His character in us so that we can be His witnesses to a world that is perishing. He wants us to be His channels so He can reveal Himself through us to those who do not know Him. “Our influence upon others depends not so much upon what we say as upon what we are” (*Desire of Ages*, p. 142). We need the Holy Spirit to reveal in us the fruit of the Spirit. This is a work that we cannot do ourselves. We do not have the power to become like Christ. It is only Christ’s power in us that will shape and mold our characters and make us more like Him.

“Christ is seeking to reproduce Himself in the hearts of men; and He does this through those who believe in Him. The object of the Christian life is fruit bearing—the reproduction of Christ’s character in the believer, that it may be reproduced in others” (*Lift Him Up*, p. 274).

“There can be no growth or fruitfulness in the life that is centered in self. If you have accepted Christ as a personal Savior, you are to forget yourself, and try to help others. Talk of the love of Christ, tell of His goodness. Do every duty that presents itself. Carry the burden of souls upon your heart, and by every means in your power seek to save the lost. As you receive the Spirit of Christ—the Spirit of unselfish love and labor for others—you will grow and bring forth fruit. The graces of the Spirit will ripen in your character. Your faith will increase, your convictions deepen, your love be made perfect. More and more you will reflect the likeness of Christ in all that is pure, noble, and lovely” (*Lift Him Up*, p. 274).

We need the fruit of the Spirit in our lives, and we need to reflect it to those around us. During these ten days we would like to take time to reflect on the fruit of the Spirit, to pray that God will grow His fruit in us, and ask Him to help us reflect His character to others.

## INSTRUCTIONS

### KEYS TO SUCCESS

Success in prayer is not based on anything that we do but only on the power of God. The following are things we will do

#### - Claiming the Promises

God has given us many promises in His Word. It is our privilege to claim them in our prayers. All His commandments and counsels are also promises. He would never ask from us something that we could not do in His strength.

#### - Holy Spirit

Be sure to ask the Holy Spirit to show you how or what you should pray for in a person's life or in a particular situation. The Bible tells us that we do not know what to pray for and that the Holy Spirit is the One making intercession for us.

#### - Faith

We are told in the Spirit of Prophecy "prayer and faith will do what no power on earth can accomplish" (*Ministry of Healing*, p. 509). We are also encouraged to pray and have faith that God hears and will answer our prayers.

#### - Pray for Seven

During these ten days you are encouraged to pray in a special way for seven people in whom you would like to see the fruit of the Spirit manifested. They can be relatives, friends, coworkers, neighbors, or simply acquaintances. Take some time and ask God whom He would like you to pray for. Ask Him also to give you a real burden for these people.

#### - Prayer Line

We will be conducting a prayer line every morning at 6am during the ten days.

**Number: (605) 475-3220**

**Access Code: 295223#**

#### - Group Prayer

You are encouraged to find two or three people to pray with every day. You can pray in person or on the phone.

## **Day One ABIDING IN CHRIST**

### **PERSONAL DEVOTION**

Read John 15:1-17

### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God that it is Christ who bears fruit in you.**

Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. John 15:4

#### **Pray that God will teach you how to abide in Him.**

“Not by might nor by power, but by My Spirit,” says the Lord of hosts. Zech. 4:6

You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain, that whatever you ask the Father in My name He may give you. John 15:16

#### **Pray that God’s Holy Spirit will be poured upon you so that you will bear the fruit of the Spirit.**

And it shall come to pass afterward that I will pour out My Spirit on all flesh . . . And also on My menservants and on My maidservants I will pour out My Spirit in those days. Joel 2:28, 29 That you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy. Colossians 1:10,11

#### **Pray that family and friends will have the desire and learn how to abide in Him.**

Then I will give them one heart, and I will put a new spirit within them, and take the stony heart out of their flesh, and give them a heart of flesh. Ezek. 11:19

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. Rom. 8:5

#### **Pray for the unity of the church in the truth.**

I do not pray for these alone, but also for those who will believe in Me through their word; that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me. John 17:20,21

#### **Praise God in advance for how He is going to work and answer your prayers.**

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. John 15:7

### **REMEMBER TO PRAY FOR YOUR SEVEN PEOPLE**

### **QUESTIONS FOR PERSONAL REFLECTION**

1. How much do you want Christ to abide in you and you in Christ? Ask God in a special way to give you a deep desire to abide in Him.
2. Is there anything that would hinder the Holy Spirit?

**Day Two**  
**CHILDREN OF THE KING (LOVE)**

**“Our Father in heaven...” (Matthew 6:9).**

**PERSONAL DEVOTION**

Read John 15:1-17

**Praise**

- Praise God for being your loving Heavenly Father. “Behold what manner of love the Father has bestowed on us, that we should be called the children of God!” (1John 3:1)
- How has God shown you His love recently? Praise Him for this revelation of His love.
- Praise God for what He has done in your life today, this past week, etc.

**Confession**

- Confess your lack of love for God and His children. Ask Him to forgive you for doubting His love for you and for not really caring about other people’s salvation.
- Ask God to show you any sin in your life that needs to be confessed; then take time to silently listen for His answer. Ask His forgiveness and joyfully accept His mercy.

**Supplication and Intercession**

- *“If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!”* (Luke 11:13).
- Ask God to discipline you as a loving Father so you can grow to be like Him.
- *“This is My commandment, that you love one another as I have loved you”* (John 15:12).
- Pray that your life and your church will demonstrate God’s love to all those around you.
- Pray for loving relationships within Adventist families and churches. Especially pray for children, youth, and new church members to experience God’s love.
- Pray that we will make God and His work our highest priority.
- Pray for other requests that are on your heart.

**Thanksgiving**

- Thank God that *“you are all sons of God through faith in Christ Jesus”* (Galatians 3:26).
- Praise Him in faith for the miracles He is creating in answer to your prayers.

**PRAY FOR YOUR SEVEN PEOPLE.**

Pray *Ephesians 3:14-19* for them.

**QUESTIONS FOR PERSONAL REFLECTION**

1. Do you believe that God is your heavenly Father? What implications does this relation have on the way you live and treat others?
2. How can you better experience the love of God?

## **Day Three**

### **JOY**

#### **PERSONAL DEVOTION**

Read Habakkuk 3:17-19 & Isaiah 12

#### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

**Praise God that gladness is a fruit of righteousness.** The hope of the righteous will be gladness. Prov. 10:28

**Praise God for the joy that it is found in His presence and in following Him.**

You will show me the path of life; in Your presence is fullness of joy; at Your right hand are pleasures forevermore. Ps. 16:11

**Praise God that we can rejoice in our infirmities, that the power of Christ may rest upon us.**

And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. 2 Cor. 12:9

**Pray that God will give you joy in your heart.**

Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit. Rom. 15:13 Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. 1 Thess. 5:16-18

**Pray for someone who needs God's joy in their heart.**

Rejoice in the Lord always. Again I will say, rejoice! Phil. 4:4 Do not sorrow, for the joy of the Lord is your strength. Neh. 8:10b

**Pray that God will teach you to rejoice in trials. If you have any situation in mind, bring it before His throne.**

But rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy. 1 Pet. 4:13 Weeping may endure for a night, but joy comes in the morning. Ps. 30:5b

**Praise God that He already has an answer to your prayers.**

It shall come to pass that before they call, I will answer; and while they are still speaking, I will hear.

#### **PRAY FOR YOUR SEVEN PEOPLE.**

#### **QUESTIONS FOR PERSONAL REFLECTION**

1. Are you a joyful Christian? If not, what takes away your joy? Spend some time surrendering those things to God in prayer. Claim His promises to give you joy. Ask Him to give you a joyful heart.
2. Think of some things you can do that will help you to be joyful all the time. Make a plan and ask God to help you apply it in your life.

## **Day Four** **PEACE**

### **PERSONAL DEVOTION**

John 14:25-31 & Matthew 6:25-34

### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God that we can find peace in obeying His law.**

Great peace have those who love Your law, and nothing causes them to stumble. Ps. 119:165

#### **Praise God that He suffered for us that we may have peace.**

But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed. Isa. 53:5  
For Christ also suffered once for sins, the just for the unjust, that He might bring us to God, being put to death in the flesh but made alive by the Spirit. 1 Pet. 3:18

#### **Pray that God will give you His peace that surpasses all understanding.**

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Phil. 4:6, 7  
Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. John 14:27

#### **Pray that God will teach you to abide in Him and in His peace.**

You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Isa. 26:3 Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit. Rom. 15:13

#### **Pray that God will teach you how to pursue peace with Him and with other people.**

Pursue peace with all people, and holiness, without which no one will see the Lord. Heb. 12:14 Now the fruit of righteousness is sown in peace by those who make peace. James 3:18

#### **Pray for the protection of our young people from ever-increasing worldly influences. Pray that they will focus on the Word of God and service to others. Pray by name for the young people you know who need God's protection.**

Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity. 1 Tim. 4:12

### **PRAY FOR YOUR SEVEN PEOPLE.**

### **QUESTIONS FOR PERSONAL REFLECTION**

1. Do you have peace in your heart? What things take away your peace? Spend some time praying, surrendering those things and claiming God's promises.
2. Are you taking God at His Word? Do His promises give you peace in the midst of difficult situations? Pray that God will give you His peace as you face trials.

## Day Five LONGSUFFERING

### PERSONAL DEVOTION

Luke 23:26-43

### PROMISES & PRAYERS

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God that He is the One who gives us the power to change.**

“Not by might nor by power, but by My Spirit,” says the Lord of hosts. Zech. 4:6b

#### **Praise God for the ways you see His longsuffering toward you.**

The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance. 2 Pet. 3:9

#### **Praise God that He never disappoints those who wait on Him.**

But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Isa. 40:31

#### **Ask the Lord to teach you longsuffering.**

Rest in the Lord, and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who brings wicked schemes to pass. Cease from anger, and forsake wrath; Do not fret—it only causes harm. Ps. 37:7, 8  
Strengthened with all might, according to his glorious power, for all patience and longsuffering with joy. Col. 1:11

#### **Ask God to remind you to pray for those who are mistreating you.**

Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; bearing with one another, and forgiving one another. Col. 3:12, 13a

#### **Praise God that He has a thousand ways to provide where we see none and that He will answer your prayers.**

For the LORD God is a sun and shield; the LORD will give grace and glory; no good thing will He withhold from those who walk uprightly, Ps. 84:11

### PRAY FOR YOUR SEVEN PEOPLE.

### QUESTIONS FOR PERSONAL REFLECTION

1. Do you have the habit of taking revenge when someone does something wrong to you? How do you react when people treat you badly? Ask God to teach you to be longsuffering. Claim His promises.
2. Is there someone in your life that steps on your toes and does it purposefully? Ask God to give you patience, love, and forgiveness for that person and to help you show them His love.

## **Day Six KINDNESS**

### **PERSONAL DEVOTION**

Philippians 2:1-11

### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

**Praise God that He calls us to do unto others what we want them to do to us.** And just as you want men to do to you, you also do to them likewise. Luke 6:31

**Praise God that He can give you the strength to be kind.**

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them. Eph. 2:10 Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering. Col. 3:12

**Praise God for specific situations in which you could see His kindness toward you.**

**Praise God that He can make you and keep you blameless until He comes again.**

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is faithful, who also will do it. 1 Thess. 5:23, 24 Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ. Phil. 1:6

**Ask God to give you the strength to be kind to everyone, including your family members and enemies.**

But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil. Luke 6:35

**Has anyone been unkind to you? Pray that God will teach you how to be kind to that person. Pray also that God will give you forgiveness in your heart toward that person.**

Be kindly affectionate to one another with brotherly love, in honor giving preference to one another. Rom. 12:10

And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave

**PRAY FOR YOUR SEVEN PEOPLE.**

### **QUESTIONS FOR PERSONAL REFLECTION**

1. Are you characterized by kindness? How do you react when people are not kind to you? Would you like to be able to reflect God's kindness? Ask God to teach you how to be kind. Claim His promises for you.
2. Make a list of things that you can do for others to show them kindness and ask God for opportunities to show His kindness, especially to those who seem to deserve it least.

## **Day Seven GOODNESS**

### **PERSONAL DEVOTION**

Romans 12:9-21

### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God for His goodness toward you.**

Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You in the presence of the sons of men! You shall hide them in the secret place of Your presence from the plots of man; You shall keep them secretly in a pavilion from the strife of tongues. Ps. 31:19, 20

Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever. Ps. 23:6

#### **Praise God that a good man obtains favor of the Lord.**

A good man obtains favor from the Lord. Prov. 12:2

#### **Praise God for specific situations in which you could see His goodness toward you.**

I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living. Ps. 27:13

**Ask God for wisdom and understanding that you may do everything in the meekness of wisdom.** Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom. James 3:13

#### **Ask God to show you how to manifest goodness toward your family members and your brothers and sisters in Christ.**

And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith. Gal. 6:9, 10

#### **Ask God to help you show goodness to strangers.**

But do not forget to do good and to share, for with such sacrifices God is well pleased. Heb. 13:16

### **PRAY FOR YOUR SEVEN PEOPLE.**

### **QUESTIONS FOR PERSONAL REFLECTION**

1. In what ways have you seen God's goodness in your life recently? Take some time to thank God for what He has done.
2. What can you do to reflect the same goodness to others? Ask God to show what can you do and to give you the strength to reflect His goodness to others.

## **Day Eight** **FAITHFULNESS**

### **PERSONAL DEVOTION**

Hebrews 11:1-11

### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God for His faithfulness and forgiveness.**

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

#### **Praise God for the gift of faith.**

For by grace you have been saved through faith, and that not of yourselves; it is the gift of God. Eph. 2:8

#### **Praise God that He rewards our faithfulness.**

A faithful man will abound with blessings. Prov. 28:20a

#### **Pray that God will make you faithful in the small things. Tell Him some of those small things in which you need to learn to be faithful.**

He who is faithful in what is least is faithful also in much; and he who is unjust in what is least is unjust also in much. Luke 16:10

#### **Pray that God will teach you to walk by faith and not by sight. Pray for specific situations in which you need to learn to walk by faith and not by sight.**

For we walk by faith, not by sight. 2 Cor. 5:7

#### **Pray that you will not trust in the wisdom of men but in the power of God.**

That your faith should not be in the wisdom of men but in the power of God. 1 Cor. 2:5

#### **Pray for your local pastor, asking that God will give your pastor an abundant measure of faith. And whatever things you ask in prayer, believing, you will receive. Matt. 21:22**

#### **Praise God for being faithful in listening and answering your prayers. Praise Him for what He is going to do.**

And whatever things you ask in prayer, believing, you will receive. Matt. 21:22

### **PRAY FOR YOUR SEVEN PEOPLE.**

### **QUESTIONS FOR PERSONAL REFLECTION**

1. Do you have faith in God even in the most difficult situations? Ask God to increase your faith! Claim His promises.
2. Read the last paragraph above. Make a list of things you can do to increase your faith. Ask God to teach you to apply them in your life.

## **Day Nine** **GENTLENESS**

### **PERSONAL DEVOTION**

JAMES 3:13-18 & COL 3:12-17

### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God for the ways Jesus set an example of how to be gentle.**

He was oppressed and He was afflicted, yet He opened not His mouth; He was led as a lamb to the slaughter, and as a sheep before its shearers is silent, so He opened not His mouth. Isa. 53:7

**Praise God that He is calling us to learn from Him and that by imitating Him we can have peace.** Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. Matt. 11:29

#### **Praise God that His gentleness is making us great.**

You have also given me the shield of Your salvation; Your right hand has held me up, Your gentleness has made me great. Ps. 18:35

#### **Praise God that He teaches the humble His ways.**

The humble He guides in justice, and the humble He teaches His way. Ps. 25:9

#### **Ask God to give you His gentle wisdom.**

But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy. James 3:17

#### **Ask God to teach you how to be gentle.**

But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, and gentleness. 1 Tim. 6:11 Do not let your adornment be merely outward—arranging the hair, wearing gold, or putting on fine apparel—rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God. ! Peter 3:3,4.

#### **Pray for any personal needs or anything on your heart.**

But I am poor and needy; yet the Lord thinks upon me. You are my help and my deliverer; do not delay, O my God. Ps. 40:17

### **PRAY FOR YOUR SEVEN PEOPLE.**

### **QUESTIONS FOR PERSONAL REFLECTION**

1. In what areas of life do you need to be more gentle? To what people could you show more gentleness?
2. Make a list of people to whom you could be more gentle and ask God to give you His gentleness so that you may reflect Him to them. Praise Him in advance for the victory He is going to give you.

## **Day Ten**

### **SELF-CONTROL**

#### **PERSONAL DEVOTION**

MATTHEW 4:1-11

#### **PROMISES & PRAYERS**

The following are suggestions for promises to be claimed and prayers to be prayed today.

#### **Praise God that He gives you strength to have self-control.**

It is God who arms me with strength, and makes my way perfect. Ps. 18:32

#### **Praise God that His strength is made perfect in your weakness.**

And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” 2 Cor. 12:9

#### **Praise God that He is the one who gives you willingness and helps you to have self-**

#### **Ask God to make you willing to have self-control.**

I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God. Rom. 12:1, 2

#### **Ask God to help you hate the things of the world and to give you love for Him and Him only. Tell Him about those things that you need to learn to hate.**

Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world. And the world is passing away, and the lust of it; but he who does the will of God abides forever. 1 John 2:15-17

#### **Ask God to remind you every time you are tempted that your body is the temple of the Holy Spirit.**

Or do you not know that your body is the temple of the Holy Spirit who is in you, - For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. 1 Cor. 6:19, 20 As His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust. 2 Pet. 1:3.4.

#### **PRAY FOR YOUR SEVEN PEOPLE.**

#### **QUESTIONS FOR PERSONAL REFLECTION**

1. In which areas of life do you need more self-control? Make a list of them and present them to God. Claim His promises for victory and praise Him in advance for the victory He is going to give.
2. Do you know anyone else who needs more self-control? Take some time to pray and claim God's promises for this person as well.